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# Jill C. Kline & Brenda K. Odenbaugh

Owners



Jill: 970-388-2926 jill@kandorealty.com Brenda: 970-381-1169 brenda@kandorealty.com www.kandorealty.com

# K & O REALTY, LLC

K & O REALTY, LLC P.O. Box 1103 607 Main St Platteville, CO 80651



# **Move Safely During COVID-19**

Prior to COVID-19, most people wouldn't have thought twice about enlisting family members, friends and professional movers to help pack and transport their belongings. However, it's now a priority to mitigate health risks as much as possible. Consider these tips to ensure a safe move to your new home.

**Minimize contact with others.** This includes hired professionals as well as family members and friends. Do your best to maintain social distancing. If you have a crew of movers, consider limiting how many people can be in the house at a time. The others can wait outside to load items into the truck.

**Use only new materials.** Before COVID-19, it was common to reuse friends' moving materials or collect discarded boxes from retail stores. Now, the American Moving and Storage Association recommends buying new boxes to help prevent the spread of germs.

**Make handwashing easy.** Ensure everyone involved in the move has easy access to sinks, soap, paper towels, and hand sanitizer.

**Schedule extra time for cleaning.** Conduct a deep-clean of both your old and new residences to minimize the potential for spreading germs to movers as well as your own family.

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## What Is Grandmillennial Style?

Over the past decade, the millennial generation's design preferences have leaned more toward modern lines, minimalism and neutral color palettes. However, a new style is emerging that captures aspects of their grandparents' homes. Appropriately, *HouseBeautiful.com* coined the term "grandmillennial style" to reflect the blending of typical millennial decor with the personal touches of "Grandma's house."

What kick-started this return to classic design? Perhaps millennials grew tired of seeing the same aesthetic while scrolling through Instagram and wanted to personalize their spaces. Or, maybe the comfort and nostalgia of their grandparents' homes drew millennials to the new trend.

"What I love about an old-school, layered — some might say cluttered — aesthetic is that it actually lets you show your personality. When someone walks into my apartment, I want them to get a sense of who I am and what I collect and where I've traveled, not just that I'm on-trend," says design publicist Nan Philip.

Common elements in grandmillennial design include floral wallpaper, chintz fabric, blue-and-white ceramics, ruffles, pleated lampshades, botanical prints, needlepoint, and vintage or handcrafted furniture pieces.

#### Try incorporating the style into your space in these subtle or bold ways.

#### Chintz

Start small: Try throw pillows or window treatments in floral patterns on glazed cotton fabric. Go big: Choose chintz fabric for your padded headboard or sofa upholstery.

#### Ruffles

Start small: Bring in frilled edges on bed pillows or lampshades.

Go big: Soften the room with a ruffled comforter or bed skirt. Cover a side table with a ruffled tablecloth.

## Florals and Botanicals

Start small: Decorate walls with framed botanical prints or floral scroll paintings.

Go big: Cover an accent wall in your living room or dining room with bold floral wallpaper.

#### Blue and White

Start small: Decorate furniture or shelves with blue-and-white ceramic accessories or display a toile-patterned tablecloth

Go big: Invest in a blue-and-white overstuffed chair and ottoman.

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# **Update Your Garage Door With These 3 Easy Steps**

For an effective, affordable way to improve your home's curb appeal, spruce up your garage door with these easy upgrades from *HGTV.com*.

- 1. **Paint:** First, spray the surface with a degreasing cleaner, scour with a tough scrub brush and then rinse with water to get a clean surface. Next, apply two coats of a paint color that complements your home's exterior.
- 2. **Hardware:** Enhance the new look with magnetic decorative hardware. Move around the pieces until you find a layout you like. Use a tape measure to ensure even spacing.
- 3. **Plants:** Adding tall planters or hanging flower pots on either side of the garage door will do wonders for your home's curb appeal. Pick plants with vibrant colors or interesting textures for the biggest impact.

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# **Make Space for Schoolwork**

Whether your kids are doing school at home full-time or just completing homework in the evenings, it's helpful to have a designated, organized space for them to focus. Here are some tips on how to create a beneficial learning space.

**Let in the light.** Try to choose a location near windows for natural light. Otherwise, keep the area well-lit with LED light fixtures or lamps.

**Mobilize supplies.** If designating a specific study space isn't feasible, organize supplies in an easy-to-move caddy or rolling cart. Block out distractions by adding a folding screen or shifting around the furniture.

**Minimize distractions.** Set up a workspace away from the TV and keep cellphones out of sight. If your teens are using a tablet or computer, consider limiting their internet access to help them avoid distractions and stay on task.

**Utilize small spaces.** If you're short on space, mount a shallow desk on the wall in a hallway or landing, or convert an extra closet into a built-in desk.

**Stock supplies nearby.** Keep extra pencils, paper, calculators, and other supplies close at hand. Consider storing past assignments and graded tests in a binder for easy reference.

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# **Tex-Mex Migas**

## Ingredients

- 4 corn tortillas
- 3 Tbsp. avocado oil
- 1 jalapeño pepper, finely diced
- 1 small red bell pepper, diced
- 1 small yellow onion, diced
- 5 eggs, beaten
- ½ tsp. salt
- ¼ tsp. pepper
- ½ cup shredded Monterey Jack cheese
- ½ cup cherry tomatoes, halved
- ½ avocado, diced
- Fresh cilantro leaves

## **Directions**

Cut tortillas into 1-inch squares. Heat oil in a large skillet over medium-high. Add tortillas and lightly fry for 4-5 minutes or until crispy, flipping occasionally. Remove from pan and set on a paper towel to drain excess oil.

Add peppers and onion to pan, and cook for 5 minutes. Turn heat to medium-low and add eggs, salt and pepper. Cook, stirring to scramble, about 2-3 minutes or until eggs are set.

Remove from heat and stir in fried tortillas. Top with cheese, tomatoes, avocado, and cilantro. Serve warm.

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The Personal Marketing Company 11511 W. 83rd Terrace Lenexa, KS 66214

